

Regular Club Programs @ Crosby Memorial Community Centre (Tentative)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CanSkate		Pre-Star	Up to Star 3 ^{ss}	Star 4+ ^{ss}	Pre-Star
4:10-4:55pm		4:10-5:00pm	4:00-5:00pm	4:00-5:00pm	10:25-11:15am
CanSkate	Pre-CanSkate	Pre-CanSkate	Up to Star 3 ^{sp}	Up to Star 3 ^{sp}	Pre-CanSkate
4:55-5:40pm	5:00-5:45pm	5:10-5:55pm	5:10-6:10pm	5:10-6:10pm	11:15-12:00pm
Pre-Star	CanSkate	CanSkate	Pre-Star	Pre-Star	CanSkate
5:50-6:40pm	5:55-6:40pm	6:05-6:50pm	6:10-7:00pm	6:10-7:00pm	12:10-12:55pm
Up to Star 3 ^{ss}	Pre-Star		Star 4+ (U13) ^{sp}	CanSkate	CanSkate
6:40-7:40pm	6:50-7:40pm		7:10-8:10pm	7:10-7:55pm	1:05-1:50pm
Star 4+ (U13) ^{ss} 7:50-8:50pm	Up to Star 3 ^{sp} 7:50-8:50pm				
Star 4+ (O13) ^{sp} 9:00-10:00pm	Star 4+ ^{ss} 9:00-10:00pm				

To comply with Skate Canada Star 1-5 Minimum Delivery Standards: All Star Sessions have been lengthened to 60 minutes

SS = **Skating Skills:** All skaters must be in a group lesson with coaches for the first 15 minutes of the session. **SP** = **Spin Patch:** All skaters must be in a group lesson with coaches for the last 15 minutes of the session.



Enhanced, FASTTrack, and Elite Performance Programs (Tentative)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		FASTTrack 4:10-5:00pm			Enhanced 9:00-10:15am
FASTTrack 5:50-6:40pm					FASTTrack 10:25-11:15am
	FASTTrack 6:50-7:40pm		FASTTrack 6:10-7:00pm	FASTTrack 6:10-7:00pm	
					PR-EPP 5:15-6:45pm
					EPP - Pre-Comp Development 6:55-8:25pm
					EPP - Provincial Pathway 8:35-10:05pm



Open Ice @ Crosby Memorial Community Centre (Tentative)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Open Ice ^{1,4} 2:00-3:00pm
Open Ice ^{1,3} 3:00-4:00pm		Open Ice ^{1,3} 3:00-4:00pm	Open Ice ^{1,3} 3:00-4:00pm	Open Ice ^{1,3} 3:00-4:00pm	
		Open Ice ^{1,4} 6:50-7:50pm			
		Open Ice ^{1,4} 8:00-9:00pm	Open Ice ^{1,4} 8:10-9:00pm		

1: All skaters are welcome to use this ice as extra ice time/lesson time. CanSkate/Power Skating privates must be in lesson for entire session.

2: PowerSkating ONLY

³: Open to All USC Members

4: Prime Time Open Ice

For any CanSkate skater below Stage 6 MUST be coached for their time on the ice. If there is no coach, the skater is NOT allowed on ice.

For PowerSkaters, skaters must be in lesson during their time on the ice. If the skater does not have a lesson, the skater is NOT allowed on ice.



Open Ice @ Angus Glen Community Centre (Tentative)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Ice ¹ 7:00-8:00am		Open Ice ¹ 7:00-8:00am	Open Ice ¹ 7:00-8:00am	Open Ice ¹ 7:00-8:00am	
Open Ice ¹ 8:00-8:50am		Open Ice ¹ 8:00-8:50am	Open Ice ¹ 8:00-8:50am	Open Ice ¹ 8:00-8:50am	

¹: All skaters are welcome to use this ice as extra ice time/lesson time. CanSkate/Power Skating privates must be in lesson for entire session.